

ilovesupersport.com

Endurance sports school

We inspire and train. Changing lives for better through sport since 2012





Many people start to train on their own and then give up. What is the reason?



It is boring to do sport alone. It is much better, when there is an interesting comunity around you Not achieving any results. "Just willing to run" does not work there will be immediately hundred reasons not to workout

Not seeing themselves from the outside to spot and correct mistakes in technique Not taking into account all the nuances of a training plan development Underestimating of the complexity and getting injured



We know how to start doing sport correctly and enjoyable

Training in a group with professional coach to achieve better results Preparing for a start with people like you and be a part of the community



RUNNING

Love Supersport project

- We apply proven techniques
- We inspire and train
- School of personal sport achievements
- We change lives for better through sport

SWIMMING









We teach philosophy of personal sport achievement

Amateur sport is the coolest thing that changes a person's life, making it brighter and more exciting.

We believe that more people can open this world of amateur sport and start living differently.

Start of the project I Love Running

2012 – first group I Love Running in preparation for 21k running race 2015 – I Love Running launches in Dubai



New directions 2013 · SWMING 2014 · CYCLNG 2015 · TRATECON 2015 · SKING

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A unique sports at I Love Supersport

Support of ILSS coordinator, coaches and doctors

Reaching objective in a team of like-minded people





Combination of



RUNNING SWIMMING CYCLING SKIING TRIATHLON HEALTH

sports directions



Sports we do



Natural running school Get prepped and run anything from 5k to an ultra

15000+ students per year

TRIATHLON

Triathlon school Get ready and smash your triathlon from sprint to Ironman

2000+ students per year

SWIMMING

Effortless swimming school Learn how to swim effortlessly

and endlessly

8000+ students per year

SKIING

Skiing School Get up on skis and run a marathon

400+ students per year





CYCLING

Cycling school Master your bike riding skills and get ready for a cycling race

500+ students per year



Individual training Preparing for personal ambitious goals

1000+ students per year





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2013 Julia Long Julia Russia

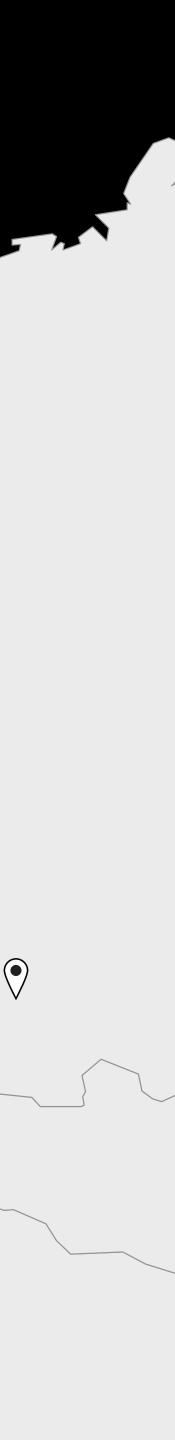
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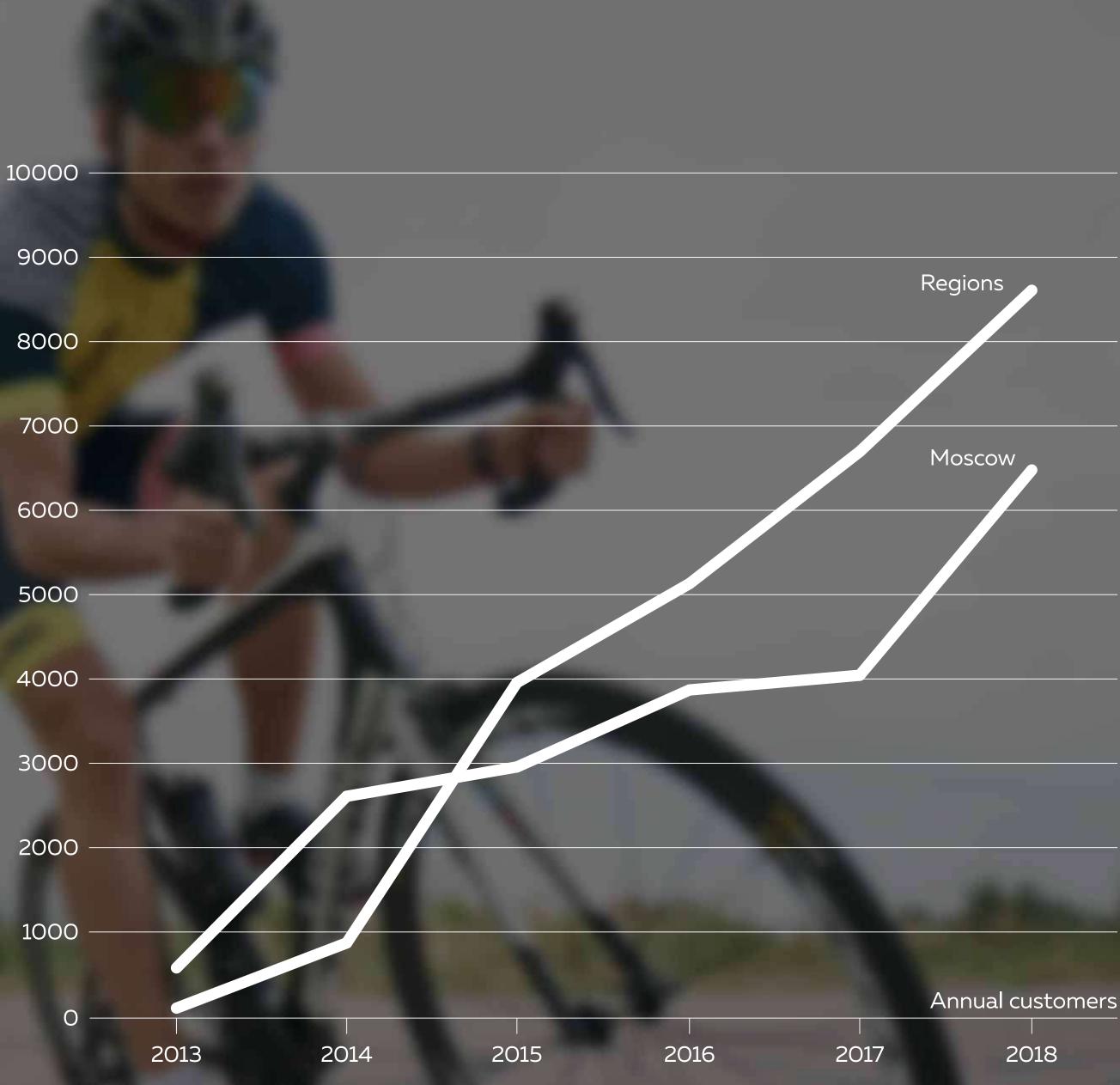
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THE REAL PLAN

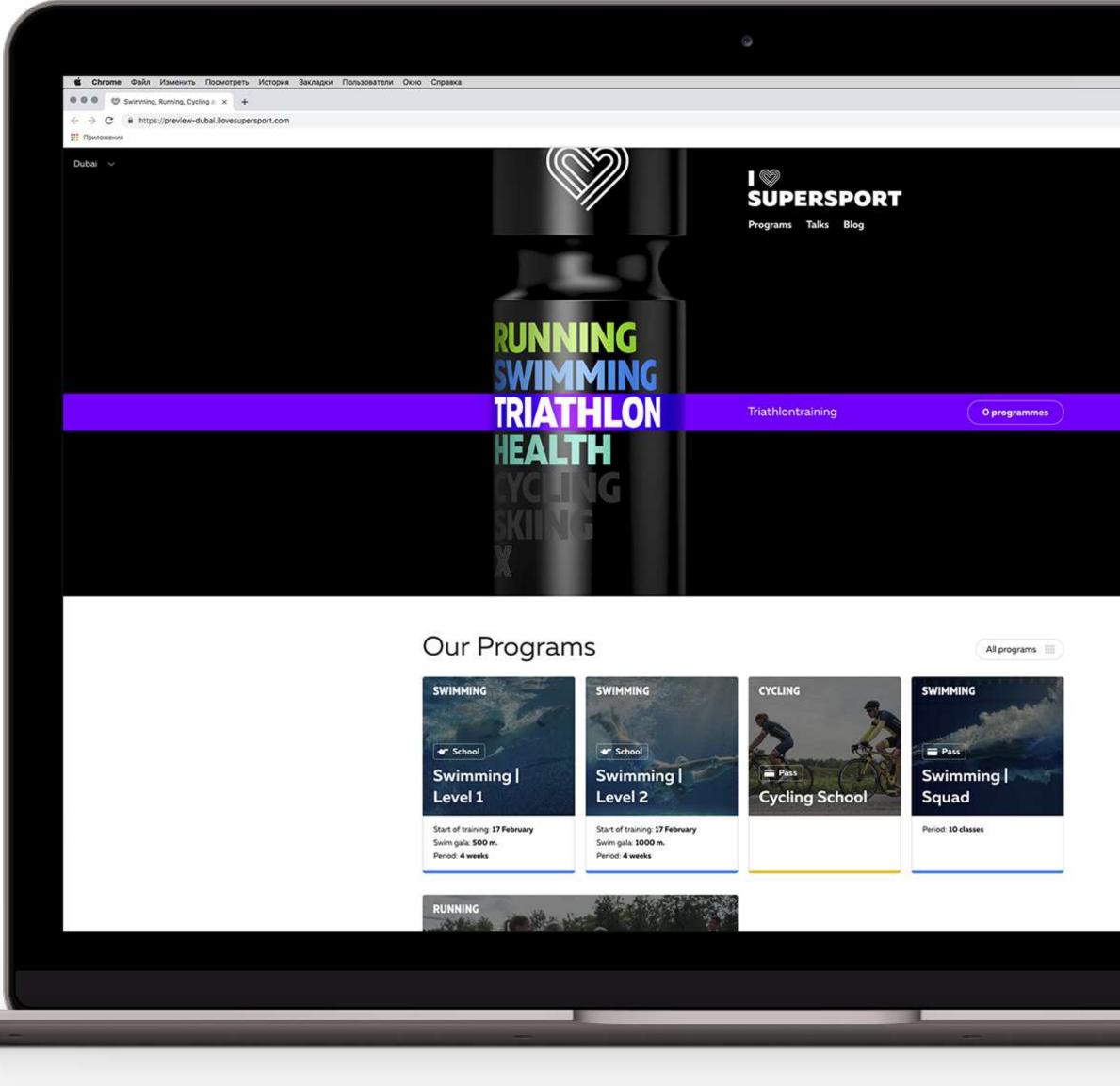


Over people train at ILSS every day



Marketplace

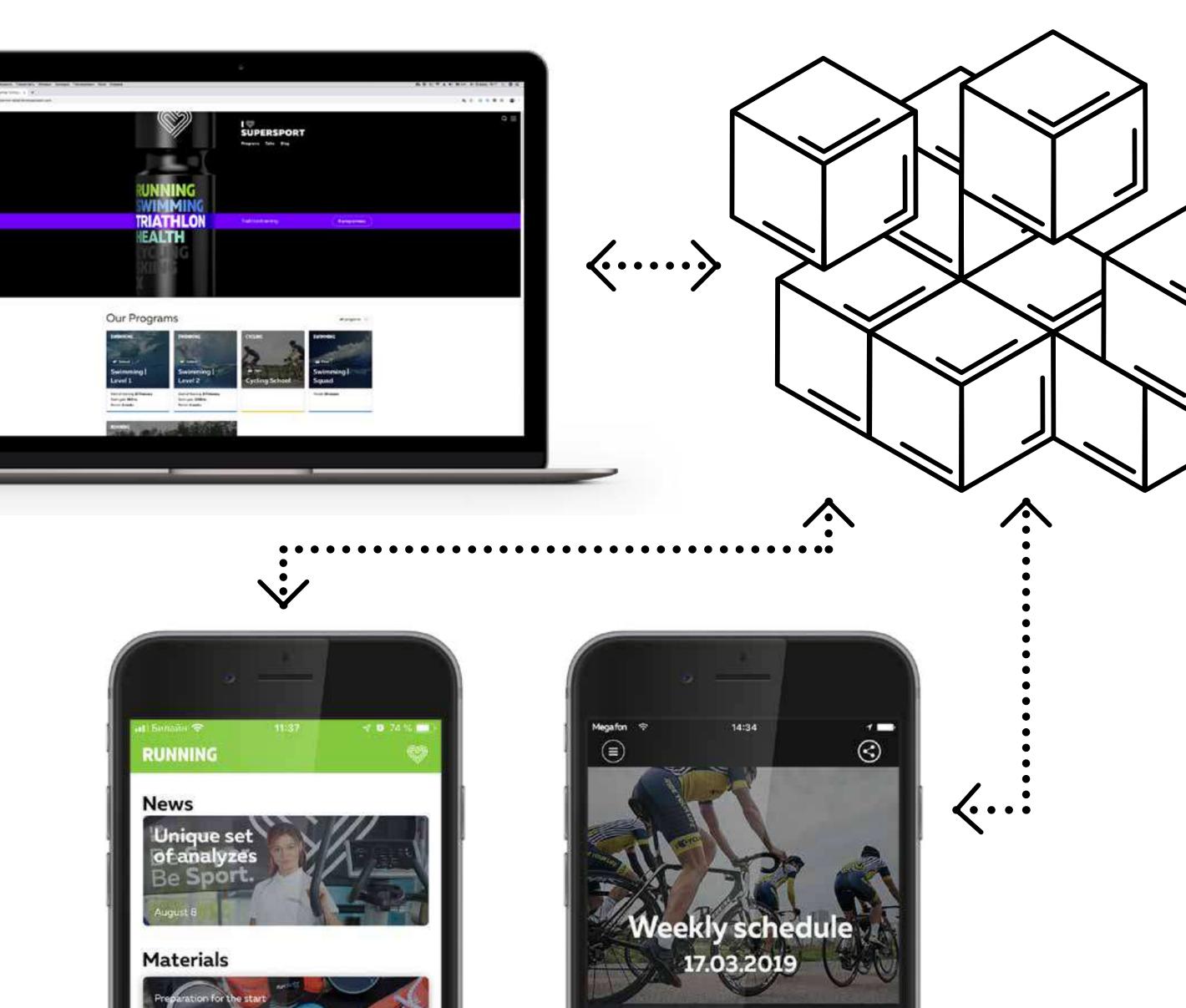
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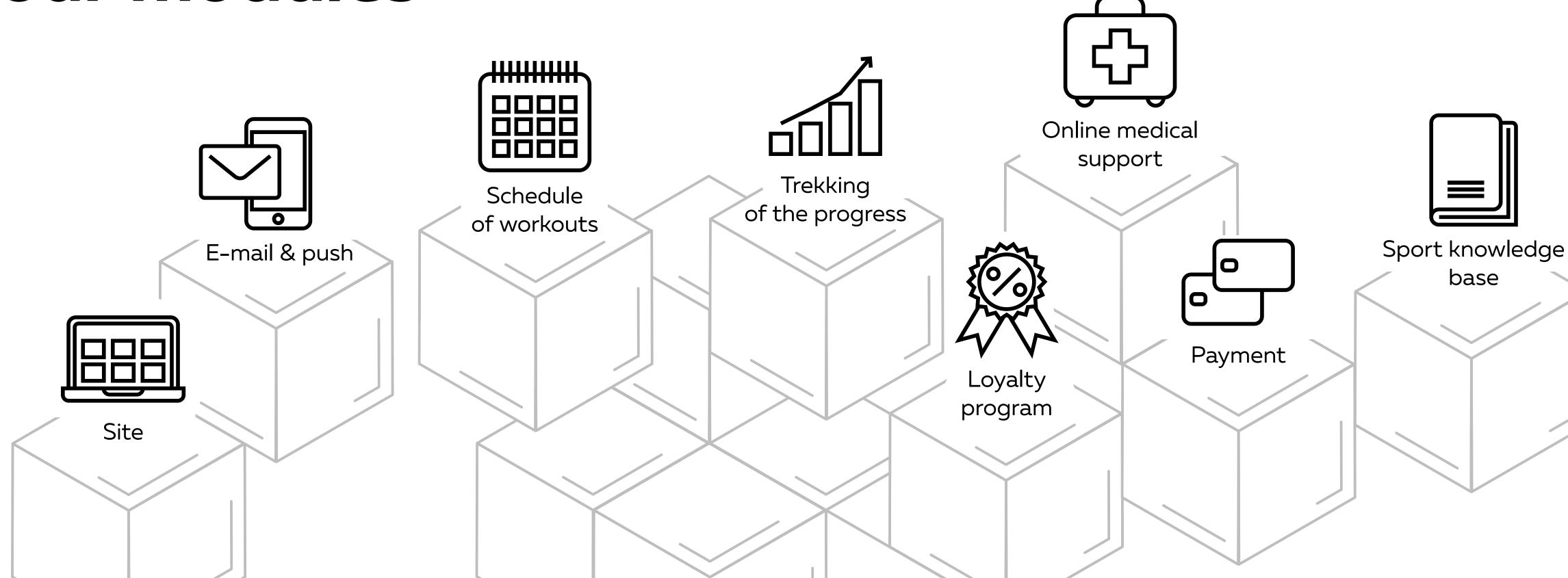
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User-friendly platforms for all our sports

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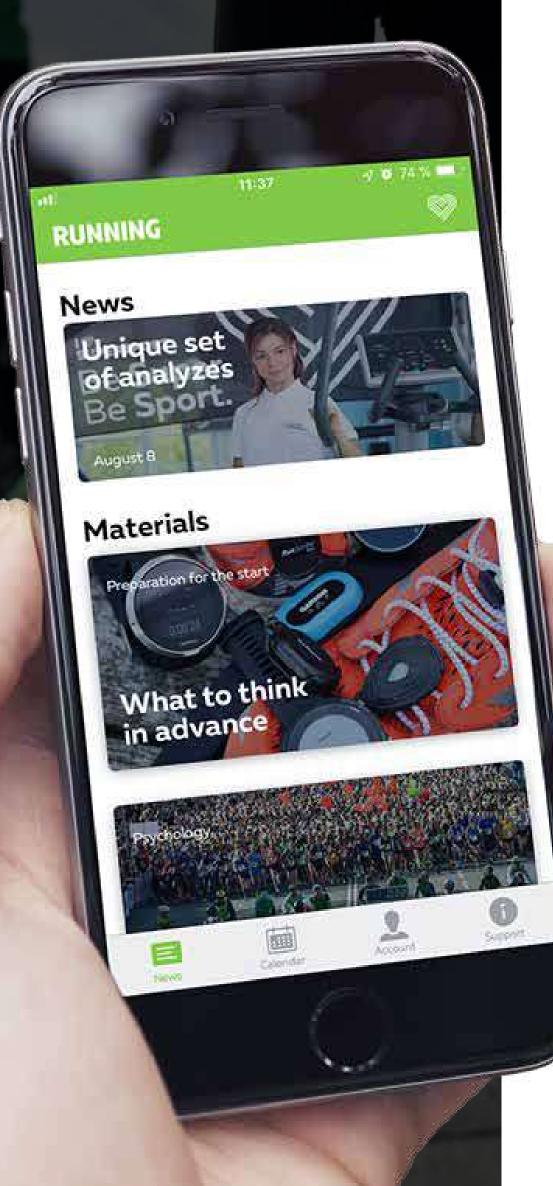
It is easy to manage the project through our modules











For Student

- Access to the sport program
- Interaction with coach
- Plan of workouts
- Support of coordinator
- Medical support





For Coach

- Training materials
- Training technique
- List of groups and personal sessions
- Attendance records
- Special equipment



Business strategy ROI (Return on investment) – 6–12 months

RUNNING 1 class – 20 members SWIMMING 1 class – 7 members **CYCLING** 1 class – 10 members **TRIATHLON** 1 class – 10 members **SKIING** 1 class – 12 members

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School in numbers The largest mass sport project for amateurs



Partners in the world

Partners in Russia

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Graduates



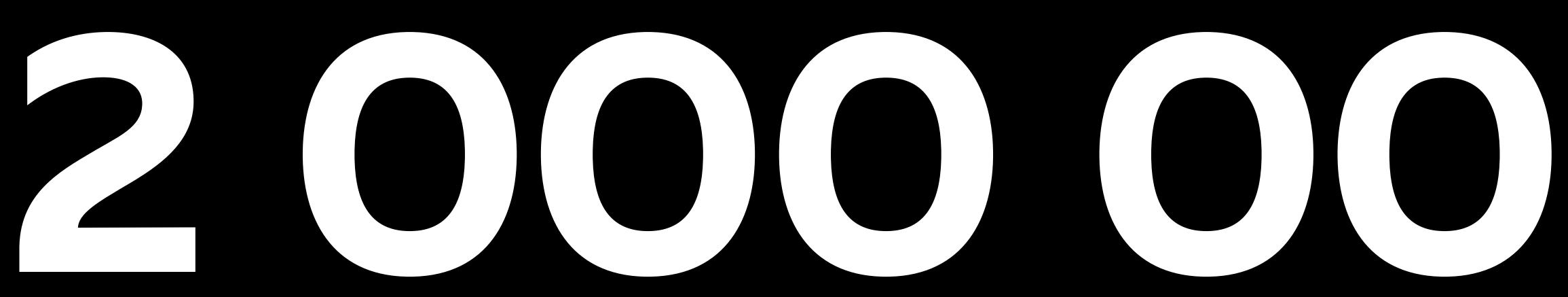
Students now



where you can find ILSS students



The goal by the end of 2025

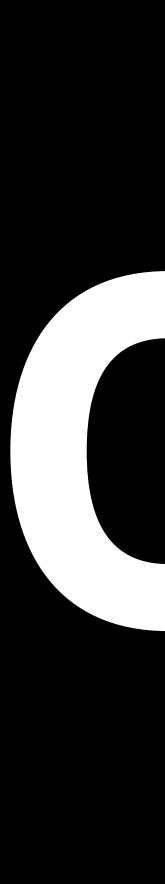


students worldwide

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for attention

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